

OUR MISSION:

The H.E.A.R.T. of Mississippi strives to provide, promote, and advance high quality health education for healthcare professionals and communities in Mississippi.

Our community outreach, research,



continuing education, and training programs are grounded in the belief that human life begins at conception, continues across the lifespan, and is holistic—including Spiritual, Mental, Behavioral, Social, Environmental, Financial, Occupational, and Physical health.

We are registered with the Mississippi Secretary of State and the IRS as a 501(c)(3) public charity, non-profit organization.

Holistic Health

We believe that a person's health and wellness encompasses eight aspects of a human life. To achieve optimal health and wellness, one must seek to fulfill each aspect:

1. Spiritual Health
2. Mental Health
3. Behavioral Health
4. Social Health
5. Environmental Health
6. Financial Health
7. Occupational Health
8. Physical Health



The H.E.A.R.T. of Mississippi
(Health Education Advancement,
Research, and Training)

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The H.E.A.R.T. of
Mississippi
(Health Education Advancement,
Research, and Training)

Empowering Health Education

Our
Mission
&
Services



Empowering Health Education

Community & Professional Health Education & Training

Deficiencies in health education exist due, in part, to the lack of or depreciation of knowledge. Our organization seeks to overcome those deficiencies through community education programs, health fairs, community CPR and first aid courses, safety seminars, special events, and guest speakers.

Our goal is to improve public health by increasing knowledge and awareness of various health conditions, healthier alternatives to current life choices, current trends in healthcare, and the

challenges affecting public health.

In addition, our organization strives to provide high quality education to all healthcare professions in Mississippi.



By improving the knowledge and certifications of our healthcare professionals, we further combat the deficiencies in health and education.

Grants & Scholarships



After evaluation for those with the greatest need, we will provide grants to organizations providing or promoting health education and scholarships to individuals seeking higher education in health related fields.

Health Education & Research

As the “Health Department” of health and health care education, we will randomly evaluate instructors and programs for quality, accuracy, and consistency. Those instructors or programs achieving a grade of “B” or higher will be recognized and recommended as credible sources for quality health education.

We will also conduct or participate in research projects that 1) evaluate health education, and 2) identify the challenges and deficiencies that slow progress toward healthier communities and highly trained healthcare professionals. In addition, we will pursue solutions to overcome those challenges.

ACCESS Project

A community project that assesses the need for improved access to and from the residence of disabled individuals in Mississippi. Patients, family members, home health nurses, and EMS crews are subjected to higher risks of injury when attempting access into or out of a residence with stairs, small doorways, or other obstructions.

To overcome these challenges, we will work with volunteers, local contractors, and businesses to provide safer access. Such projects will include:

modifying existing structures (widening doorways for ease of wheelchair access) or building new structures (i.e. wheelchair ramps).



We will reach our goal by...

EMPOWERING

HEALTH

EDUCATION

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